



EAP

EMPLOYEE ASSISTANCE PROGRAM

Understanding your Employee Assistance Plan (EAP)

Your EAP is a benefit provided to you by **Starke County Government**. It provides eight (8) prepaid sessions of EAP counseling at the Bowen Center. All employees are covered.

Coverage for You & Eligible Family Members

You may apply your EAP sessions towards individual counseling. However, you may use EAP sessions towards couples counseling, family counseling or group treatment. In addition to your coverage your legally married spouse and any child under your chosen medical benefit and/or legal dependent is covered. Every eligible person has eight (8) prepaid sessions each.

PLEASE NOTE: You cannot gift or transfer your EAP sessions to another eligible covered person.

Telecounseling & Onsite locations

Telecounseling allows for you & eligible family members to receive professional counseling without the need to go to an office. Bowen Center has several outpatient locations including Plymouth. You may receive onsite services if face-to-face services are preferred. Please visit www.bowencenter.org for a list of all locations.

No Preauthorization or Co-Pay is Required

Your reasons for seeking assistance through the EAP program may be related to work or not. There is no preauthorization or co-pay required for accessing your EAP benefit.

Private and Confidential Access to Care

The EAP is **private and confidential**. Your employer is not informed if you decided to participate in the EAP program without your expressed written consent.

Do my sessions renew? What services are excluded from coverage?

Medication management & psychiatric services, psychological testing, inpatient care & any court-ordered treatment are excluded from EAP coverage. 365 days after your first appointment you are provided another set of eight (8) prepaid sessions.

Have more questions? Any Issues Accessing Your Benefit?

You have a designated Bowen Center EAP specialist that can answer your questions directly. You may contact your EAP representative by calling **Julie Kelch at 574.933.1839**



SCHEDULING AN APPOINTMENT



Call **1 800 342 5653** to speak with a Registration & Scheduling Specialist. Explain to the specialist that you have EAP coverage provided by your employer. If all scheduling specialists are serving other clients, please leave your name & contact number. You will be contacted as soon as a scheduling specialist is available.



Go to www.bowencenter.org and click on "Schedule an Appointment"

PLEASE NOTE: Any insurance information will be gathered to make sure you are properly paired with a therapist if you decide to continue beyond EAP coverage. You are not obligated to continue beyond EAP coverage.